

Food

starts at the mouth
ends up in potties
it is fuel for
human bodies

too much food makes
problems of medical
too much sugar and
you'll be diabetical

whether you're wealthy
or of limited means
in the pantry
there might be beans

some food keeps
frozen and nice
in a freezer
that makes ice

fruits and veggies
grains and meat
one thing's for sure
we all gotta eat